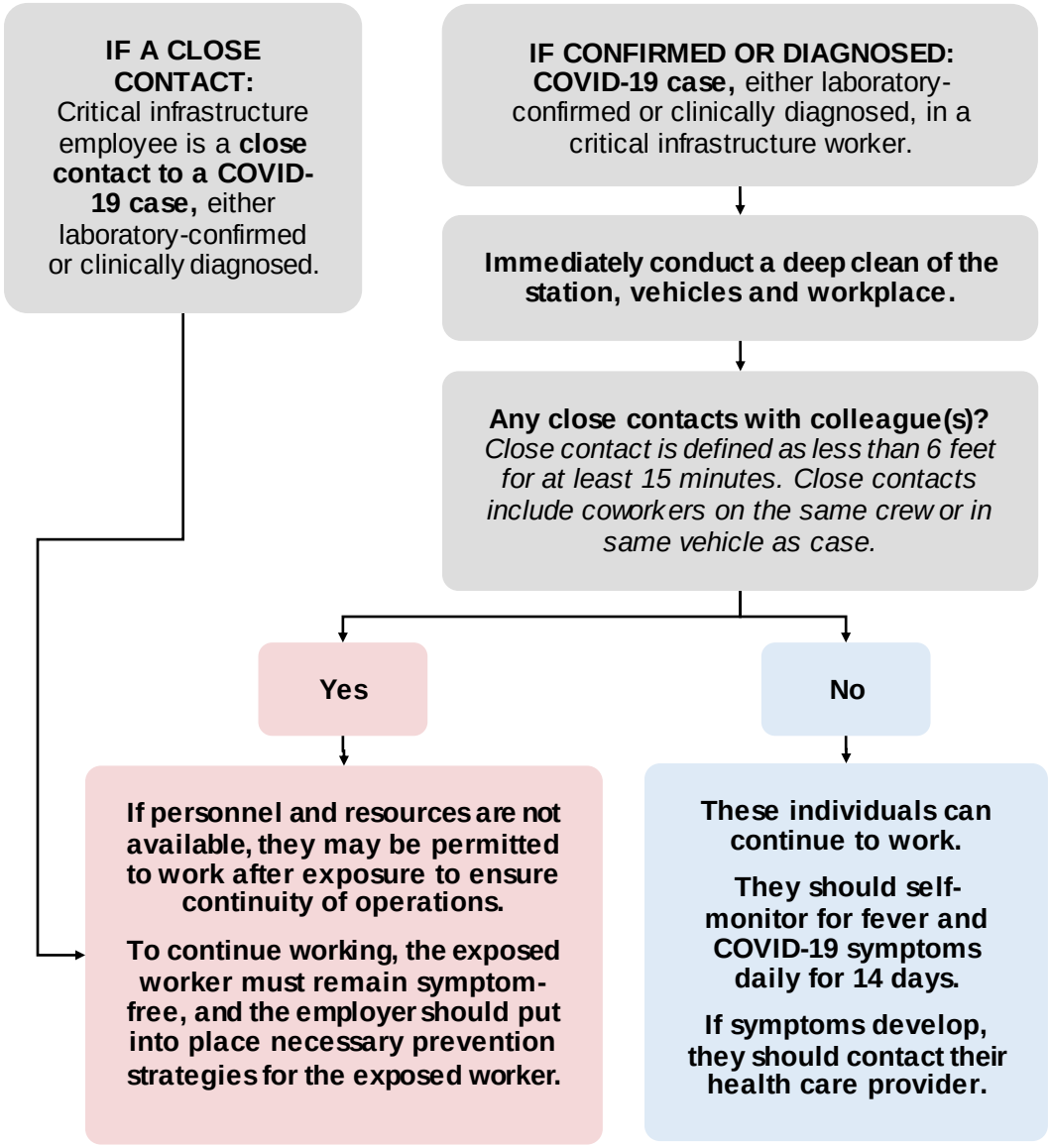
COVID-19 Critical Infrastructure Worker Flowchart



COVID-19 Symptoms May Include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Prevention Strategies

- **Pre-Screen:** Employers should measure the employee's temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.
- **Regular Monitoring:** As long as the employee doesn't have a fever or symptoms, they should self-monitor under the supervision of their employer's health program.
- **Wear a Mask:** The employee should wear a mask or face covering at all times while in the workplace for 14 days after last exposure. Employers can issue masks or can approve employees' supplied cloth face coverings in the event of shortages.
- **Social Distance:** The employee should maintain 6 feet and practice social distancing as work duties permit in the workplace.
- **Disinfect and Clean Work Spaces:** Clean and disinfect all areas such as offices, bathrooms, common areas and shared electronic equipment routinely.

Exceptions for staying home and quarantine after close contact with someone with COVID-19:

1. An employee who meets the below criteria does NOT need to quarantine:
   - Had COVID-19 illness within the previous 3 months **and**
   - Has recovered **and**
   - Remains without COVID-19 symptoms (for example, cough, shortness of breath). *Loss of taste and smell may persist for weeks or months after recovery
2. An employee who meets the below criteria does NOT need to quarantine:
   - Is fully vaccinated (i.e., 2 weeks or more following receipt of the second dose in a 2-dose series, or 2 weeks or more following receipt of one dose of a single-dose vaccine) **and**
   - Is within 3 months following receipt of the last dose in the series, **and**
   - Has remained asymptomatic since the current COVID-19 exposure

COVID-19 Critical Infrastructure Sector Response Planning & Critical Infrastructure Workers Exposed to Individuals with COVID-19
https://www.cdc.gov/coronavirus/2019-ncov/community/critical-infrastructure-sectors.html

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